WEEKLY MENU FEBRUARY 2 - 8

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
в	Oatmeal	Cream of Rice	Oatmeal	Cream of Wheat	Grits	Maple Oat Bran	Oatmeal
R	Pigs in a Blanket	Pancakes	Soft Fried Eggs	Scrambled Eggs	French Toast	Cheesy Eggs	Egg/Cheese Biscuit
E A	Orange Juice	Bacon	Wheat Toast	Hashbrowns	Bacon	Sausage Links	Sandwich
ĸ	Milk	Fresh Strawberries	Fresh Orange Slices	Wheat Toast	Orange Juice	White Toast	Orange Juice
F		Orange Juice	Orange Juice	Orange Juice	Milk	Fresh Banana	Milk
A		Milk	Milk	Milk		Orange Juice	
S Т						Milk	
	<u>Breakfast Alt</u>	ernates (please note	that if orders are not	<u>t made in advance, it i</u>	may take up to 15-20 i	minutes to prepare	these items):
	A. Scramble	ed Eggs B. Hard E	Boiled Eggs C. O	ver Easy Eggs D. C	Over Medium Eggs	E. Fried Eggs	F. Oatmeal
		G. Egg/Cheese Bi	scuit H. Sausage	/Egg/Cheese Biscuit	I. White Toast	J. Wheat Toast	
	K. Cold Cereal: K	L.Cheerios, K2.Rice Kr	ispies, K3. Raisin Bran	, K4.Bran Flakes, K5.Co	orn Flakes, K6. Frosted	Flakes, K7. Froot Loo	ps, K8. Cinnamon
L 	Toast Crunch, k	(9. Frosted Mini Whea	its. <u>Juice</u> : Orar	nge, Apple, Grape, Cra	nberry, Prune, Tomato	<u>Milk</u> : 2%, Sl	kim, Chocolate.
U	Meatloaf/Gravy	Crispy Chicken/Roll	Lasagna	Turkey Sub	Hamburger/Bun	Fried Smelt	Ham Macaroni &
Ν	Homestyle	w/Swiss Cheese	BLT Salad	w/Cheese	Lettuce Leaf	Lemon Wedge	Cheese
с	Potatoes	Leaf Lettuce	Garlic Bread	Shredded	Sliced Tomato	Crinkle Cut Fries	Mixed Vegetables
-	Green Beans	Tomato Slice	Orange Sherbet	Lettuce/Tomato	Sweet Potato Fries	Coleslaw	Mandarin Oranges
н	Dutch Apple Pie	French Onion Soup	Milk	Southwest Chicken	Pickled Beets	Garlic Cheddar	Milk
	Dinner Roll/Butter	Cinnamon		Soup	Chocolate Cookie	Biscuit	
	Milk	Applesauce		Apple Crisp	Diced Onions	Strawberry Cake	
S		Milk		Milk	Milk	Milk	
3	Coollowed Detetees	Creation (Deluve Deen Dieh	Beef & Bean Chili		Onen Free Clierd	Colomi O Hom Cub
U	Scalloped Potatoes w/Ham	Spaghetti w/ Meat Sauce	Deluxe Deep Dish Pizza	Green Beans	BBQ Ribs Baked Beans	Open Face Sliced Hot Beef on Bread	Salami & Ham Sub w/ Cheese,
Р	Mixed Vegetables	Diced Carrots	Caesar Salad	Diced Pears	Cheese Cauliflower	with Mashed	Shredded
_	Diced Peaches	Garlic Bread	Deluxe Fruit Salad	Cornbread Muffin	Diced Peaches	Potatoes & Gravy	Lettuce/Tomato
Р	Cornbread	Fruit Cocktail	Milk	Milk	Dinner Roll/Butter	Citrus Fruit Salad	Pasta Salad
Е	Milk	Milk	WIIK	IVIIK	Milk	Milk	Pineapple Tidbits
R							Milk
N	Lunch and Dinr	ner Alternates (please	e note that if orders a	are not made in advan	ce, it may take up to 1	5 minutes to prepa	re these items)
	#1. Beef Han		#2. Beef Hotdog/Bu		Cheese (American/Sw		
		w/Ham (American/Sw			. Spaghetti w/Marina		etti w/Meat sauce
		(Ranch, French, Thou		•	g/Cheese Biscuit	#9. Sausage/Egg/	-
		ashed Potatoes with		. Ham/Cheese Sandwi	-		

****Make Alternate Selections on the Reverse side****

С

WEEKLY MENU FEBRUARY 9 - 15

B R E

K F A S T

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
	Oatmeal	Cream of Rice	Oatmeal	Grits	Cream of Wheat	Maple Oat Bran	Oatmeal				
	Sausage Patties	French Toast	Scrambled Eggs	Pancakes	Soft Fried Eggs	Cheddar Omelet	Biscuit w/Sausage				
	Raisin Toast	Sausage Links	Hashbrowns	Bacon	Sourdough Toast	Banana Bread	Gravy				
	Orange Juice	Raisins	Banana	Orange Juice	Orange Juice	Orange Juice	Fresh Melon				
	Milk	Orange Juice	Orange Juice	Milk	Milk	Milk	Orange Juice				
		Milk	Milk				Milk				
	Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):										
	A. Scramble	d Eggs B. Hard B	oiled Eggs C. Ove	er Easy Eggs D. Ov	er Medium Eggs	E. Fried Eggs F	. Oatmeal				
		G. Egg/Cheese Bis	cuit H. Sausage/E	gg/Cheese Biscuit	I. White Toast	J. Wheat Toast					
k	K. Cold Cereal: K1.Ch	eerios, K2. Rice Krispi	es, K3. Raisin Bran, K4. I		lakes, K6. Frosted Fla	kes, K7. Froot Loops, I	K8. Cinnamon Toast				
	Crunch, K9. Froste	· · ·		ole, Grape, Cranberry,		•	kim, Chocolate.				
	Beef Pot Roast	Swedish Meatballs	BLT Sandwich	BBQ Chicken Leg	Sliced Pork Loin	Cheeseburger/Bun	Beer Battered Cod				
	Baby Potatoes	Buttered Noodles	Chicken Noodle Soup	Quarter	with Gravy	Lettuce Leaf	Lemon Wedge				
	Baby Carrots	Green Beans	Tossed Salad	Potatoes/Gravy	Yukon Mashed	Sliced Tomato	Roasted Potatoes				
	Brown Gravy	Angel Food Cake w/	Ice Cream	Corn on the Cob	Potatoes	French Fries	Roasted Brussel				
	Banana Cream Pie	Strawberry Sauce	Milk	Caramel Applesauce	Steamed Broccoli	Coleslaw	Sprouts				
	Dinner Roll/Butter	Dinner Roll/Butter		Biscuit/Butter	Ambrosia	Fruit Cocktail	Garlic Cheddar				
	Milk	Milk		Milk	Dinner Roll/Butter	Pickle/Diced Onion	Biscuit				
					Milk	Milk	Tapioca Pudding				
							Milk				
-	Egg Salad Croissant	Fried Shrimp	Stuffed Peppers	Tuna Noodle	Salisbury Steak	Sliced Roast Turkey	Lasagna				
	Potato Soup	Tator Tots	Steamed Cauliflower	Casserole	Mashed Potatoes	in Gravy	Diced Carrots				
	Peas Salad	Corn on the Cob	Garlic Bread	Glazed Carrots	French Green	Over White Bread	Garlic Bread				
	Fruit Cocktail	Mandarin Oranges	Pineapple Upside	Dreamsicle Salad	Beans	Stuffing	Diced Pears				
	Milk	Cocktail Sauce	Down Cake	Milk	Chilled Peaches	Buttered Peas	Milk				
		Milk	Milk		Bread/Butter	Fresh Pineapple					
					Milk	Milk					
	Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)										
	Lunch and Dinne	<u>er Alternates (please</u>	note that if orders are		#1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)						
						viss Cheese, White/W	'heat Bread)				
#	#1. Beef Hamb	ourger/Bun		#3. Grilled Ch			'heat Bread) etti w/Meat sauce				
#	#1. Beef Hamb #4. Grilled Cheese w/	ourger/Bun /Ham (American/Swi	#2. Beef Hotdog/Bun	#3. Grilled Ch eat Bread) #5.	heese (American/Sw		etti w/Meat sauce				
#	#1. Beef Hamb 4. Grilled Cheese w/ #7. Chef Salad (R	ourger/Bun /Ham (American/Swi	#2. Beef Hotdog/Bun ss Cheese, White/Wh and Island, Italian Dre	#3. Grilled Ch eat Bread) #5.	heese (American/Sw Spaghetti w/Marina /Cheese Biscuit	ara #6. Spagh #9. Sausage/Egg/	etti w/Meat sauce Cheese Biscuit				

WEEKLY MENU FEBRUARY 16 - 22

в							
R	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Е	Oatmeal	Cream of Rice	Oatmeal	Grits	Cream of Wheat	Maple Oat Bran	Oatmeal
A	Cheese Omelet	Soft Fried Eggs	Pancakes	Hashbrowns	French Toast	Farmer Scramble	Egg/Cheese on
K F	Wheat Toast	Sourdough Toast	Bacon	Soft Fried Eggs	Casserole	Wheat Toast	English Muffin
A	Orange Juice	Orange Juice	Fresh Blueberries	Wheat Toast	Sausage Patties	Banana	Orange Juice
S	Milk	Milk	Orange Juice	Fresh Cantaloupe	Fresh Orange Slices	Orange Juice	Milk
т			Milk	Orange Juice	Orange Juice	Milk	
	Drockfoot A	ltorrotos (plasso poto	that if and are are not	Milk	Milk	ninutos to proporo ti	haaa itama).
		Iternates (please note					
	A. Scramb				ver Medium Eggs	00	F. Oatmeal
	K. Cald Canada K4	G. Egg/Cheese Bis		Egg/Cheese Biscuit	I. White Toast	J. Wheat Toast	
		Cheerios, K2. Rice Krispi				· · ·	
	Crunch, K9.I	Frosted Mini Wheats.	Juice: Orange, A	pple, Grape, Cranberr	ry, Prune, Tomato	<u>Milk</u> : 2%, Skim	i, Chocolate.
L	Fried Chicken	Dry Rub Ribs	Crispy Chicken/Roll	Country Fried Steak	BBQ Pork/Bun	Meatloaf	Chicken Enchilada
U	Baked Beans	Macaroni/Cheese	Shredded Lettuce &	Mashed Potatoes w/	Diced Carrots	Baked Potato/SC	Casserole
N	Tomato/Cucumber	Corn on the Cob	Diced Tomato Salad	Country Gravy	Snickerdoodle	Buttered Peas	Shredded Lettuce &
	Salad	Corn Muffin	Mushroom Soup	Green Beans	Cookie	Cherry Turnover	Diced Tomato Salad
С	Cookies and Cream	Warm Cinnamon	Mandarin Oranges	Chocolate Pudding	Pickle Spear	Dinner Roll/Butter	Fruit Cocktail
н	Pie	Apples	Milk	Dinner Roll/Butter	Milk	Milk	Sour Cream
	Milk	BBQ Sauce		Milk			Milk
		Milk					
S	Bratwurst/Bun	Sloppy Joe/Bun	Pepperoni/Bacon	Chili Cheese	Sweet-Sour Chicken	Fried Shrimp	Beef Stew
υ	German Potato	Tator Tots	Pizza	Dog/Bun	White Rice	Steak Fries	Cinnamon
_	Salad	Coleslaw	Tossed Salad with	Potato Chips	Steamed Broccoli	Coleslaw	Applesauce
Р	Green Beans	Diced Peaches	Tomato & Cucumber	Macaroni Salad	Spring Roll	Garlic Breadstick	Biscuit/Butter
Р	Ice Cream	w/Strawberries	Apple Crisp	Fresh Pineapple	Citrus Salad	Lemon Cake	Milk
Е	Dinner Roll/Butter	Milk	Milk	Milk	Milk	Cocktail Sauce	
	Milk					Milk	
R							
		ner Alternates (please					
		mburger/Bun	#2. Beef Hotdog/Bun		Cheese (American/Sw		,
		w/Ham (American/Sw		•	Spaghetti w/Marina		etti w/Meat sauce
		I (Ranch, French, Thous			/Cheese Biscuit	#9. Sausage/Egg/	
		Aashed Potatoes with	•	Ham/Cheese Sandwic	•		,
	#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)						

******Make Alternate Selections on the Reverse side**

Е

WEEKLY MENU FEBRUARY 23 – MARCH 1

B R A K F A S T	SUNDAY Oatmeal Sausage Gravy Biscuit Orange Juice Milk	MONDAY Cream of Rice Soft Fried Eggs Wheat Toast Orange Juice Milk	TUESDAY Oatmeal Cheesy Eggs Wheat Toast Raisins Orange Juice Milk	WEDNESDAY Grits Pancakes Bacon Orange Juice Milk	THURSDAY Cream of Wheat Scrambled Eggs Hashbrowns Orange Juice Milk	FRIDAY Maple Oat Bran French Toast Sausage Links Orange Juice Milk	SATURDAY Oatmeal Scrambled Eggs Raisin Toast Banana Orange Juice Milk		
			IVIIIK				IVIIIK		
	Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):								
	A. Scrambl	ed Eggs B. Hard	Boiled Eggs C. O	ver Easy Eggs D. O	ver Medium Eggs	E. Fried Eggs	F. Oatmeal		
		G. Egg/Cheese B	iscuit H. Sausage	/Egg/Cheese Biscuit	I. White Toast	J. Wheat Toast			
	K. Cold Cereal: K1.		-	1. Bran Flakes, K5. Corn		akes, K7. Froot Loops,	K8.Cinnamon Toast		
	Crunch, K9. Fr	osted Mini Wheats.	Juice: Orange, J	Apple, Grape, Cranber	ry, Prune, Tomato	<u>Milk</u> : 2%, Ski	m, Chocolate.		
L	Chopped Sirloin	Smothered Pork	Chicken Cordon Bleu	Beef Soft Shell Taco	Turkey Pastrami on	Spaghetti	Salisbury Steak		
	Mushrooms/Onions	Chop	Yukon Mashed	Lettuce/Tomato	Rye w/Swiss	w/Meatballs	Mashed		
U	Baked Potato/SC	SC/Bacon Mashed	Potatoes/Gravy	Shredded Cheese	Navy Bean/Bacon	Steamed Broccoli	Potatoes/Gravy		
Ν	Cheese Cauliflower	Potatoes	Buttered Peas	Refried Beans	Soup	Garlic Bread	Green Beans		
с	Blueberry Pie	Hubbard Squash	Butterscotch	Spanish Rice	Potato Salad	Pineapple Tidbits	Cherry Fruit Crisp		
	Dinner Roll/Butter	Oatmeal Cookie	Pudding	Fruit Cocktail	Fudge Brownie	Milk	Cheddar Biscuit		
н	Milk	Milk	Dinner Roll/Butter	Sour Cream &	Milk		Milk		
			Milk	Taco Sauce Milk					
	Smoked	Breaded Fish/Bun	Mongolian Beef	Grilled Chicken/Bun	Beef & Bean Chili	Baked Lemon Garlic	Chicken Salad on		
	Sausage/Bun	Tater Tots	Lo Mein Noodles	Leaf Lettuce	Cornbread	Salmon	Hawaiian Bun		
S	Baked Beans	Coleslaw	Steamed Broccoli	Tomato Slice	Fresh Strawberries	Rice Pilaf	BBQ Chips		
υ	Lattice Chips	Mixed Melon	Blueberry Buckle	Onion Rings	Milk	Roasted Asparagus	Tossed Salad		
Р	Diced Peaches and	Milk	Milk	Coleslaw		Fresh Pear	Chocolate Pudding		
F	Pears			Chilled Peaches		Milk	Milk		
Ρ	Milk			Milk					
E Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these ite							e these items)		
R			#2. Beef Hotdog/Bu			wiss Cheese, White/W			
Ň		-	wiss Cheese, White/W		. Spaghetti w/Marina		etti w/Meat sauce		
			isand Island, Italian Dr	•	/Cheese Biscuit	#9. Sausage/Egg/	-		
		lashed Potatoes with	•	0, 00					
	#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)								
	#12. Turkey/cheese sandwich (American/swiss cheese, white/ wheat bread) #15. Teandt butter and seny sandwich (white/ wheat bread)								

****Make Alternate Selections on the Reverse side****

F