

WEEKLY MENU FEBRUARY 2 - 8

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BREAKFAST

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Oatmeal Pigs in a Blanket Orange Juice Milk	Cream of Rice Pancakes Bacon Fresh Strawberries Orange Juice Milk	Oatmeal Soft Fried Eggs Wheat Toast Fresh Orange Slices Orange Juice Milk	Cream of Wheat Scrambled Eggs Hashbrowns Wheat Toast Orange Juice Milk	Grits French Toast Bacon Orange Juice Milk	Maple Oat Bran Cheesy Eggs Sausage Links White Toast Fresh Banana Orange Juice Milk	Oatmeal Egg/Cheese Biscuit Sandwich Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal**
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

LUNCH

Meatloaf/Gravy Homestyle Potatoes Green Beans Dutch Apple Pie Dinner Roll/Butter Milk	Crispy Chicken/Roll w/Swiss Cheese Leaf Lettuce Tomato Slice French Onion Soup Cinnamon Applesauce Milk	Lasagna BLT Salad Garlic Bread Orange Sherbet Milk	Turkey Sub w/Cheese Shredded Lettuce/Tomato Southwest Chicken Soup Apple Crisp Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato Sweet Potato Fries Pickled Beets Chocolate Cookie Diced Onions Milk	Fried Smelt Lemon Wedge Crinkle Cut Fries Coleslaw Garlic Cheddar Biscuit Strawberry Cake Milk	Ham Macaroni & Cheese Mixed Vegetables Mandarin Oranges Milk
Scalloped Potatoes w/Ham Mixed Vegetables Diced Peaches Cornbread Milk	Spaghetti w/ Meat Sauce Diced Carrots Garlic Bread Fruit Cocktail Milk	Deluxe Deep Dish Pizza Caesar Salad Deluxe Fruit Salad Milk	Beef & Bean Chili Green Beans Diced Pears Cornbread Muffin Milk	BBQ Ribs Baked Beans Cheese Cauliflower Diced Peaches Dinner Roll/Butter Milk	Open Face Sliced Hot Beef on Bread with Mashed Potatoes & Gravy Citrus Fruit Salad Milk	Salami & Ham Sub w/ Cheese, Shredded Lettuce/Tomato Pasta Salad Pineapple Tidbits Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)**
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU FEBRUARY 9 - 15

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<u>SUNDAY</u> Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	<u>MONDAY</u> Cream of Rice French Toast Sausage Links Raisins Orange Juice Milk	<u>TUESDAY</u> Oatmeal Scrambled Eggs Hashbrowns Banana Orange Juice Milk	<u>WEDNESDAY</u> Grits Pancakes Bacon Orange Juice Milk	<u>THURSDAY</u> Cream of Wheat Soft Fried Eggs Sourdough Toast Orange Juice Milk	<u>FRIDAY</u> Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	<u>SATURDAY</u> Oatmeal Biscuit w/Sausage Gravy Fresh Melon Orange Juice Milk
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Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal**
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

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Beef Pot Roast Baby Potatoes Baby Carrots Brown Gravy Banana Cream Pie Dinner Roll/Butter Milk	Swedish Meatballs Buttered Noodles Green Beans Angel Food Cake w/ Strawberry Sauce Dinner Roll/Butter Milk	BLT Sandwich Chicken Noodle Soup Tossed Salad Ice Cream Milk	BBQ Chicken Leg Quarter Potatoes/Gravy Corn on the Cob Caramel Applesauce Biscuit/Butter Milk	Sliced Pork Loin with Gravy Yukon Mashed Potatoes Steamed Broccoli Ambrosia Dinner Roll/Butter Milk	Cheeseburger/Bun Lettuce Leaf Sliced Tomato French Fries Coleslaw Fruit Cocktail Pickle/Diced Onion Milk	Beer Battered Cod Lemon Wedge Roasted Potatoes Roasted Brussel Sprouts Garlic Cheddar Biscuit Tapioca Pudding Milk
Egg Salad Croissant Potato Soup Peas Salad Fruit Cocktail Milk	Fried Shrimp Tator Tots Corn on the Cob Mandarin Oranges Cocktail Sauce Milk	Stuffed Peppers Steamed Cauliflower Garlic Bread Pineapple Upside Down Cake Milk	Tuna Noodle Casserole Glazed Carrots Dreamsicle Salad Milk	Salisbury Steak Mashed Potatoes French Green Beans Chilled Peaches Bread/Butter Milk	Sliced Roast Turkey in Gravy Over White Bread Stuffing Buttered Peas Fresh Pineapple Milk	Lasagna Diced Carrots Garlic Bread Diced Pears Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)**
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU FEBRUARY 16 - 22

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<u>SUNDAY</u> Oatmeal Cheese Omelet Wheat Toast Orange Juice Milk	<u>MONDAY</u> Cream of Rice Soft Fried Eggs Sourdough Toast Orange Juice Milk	<u>TUESDAY</u> Oatmeal Pancakes Bacon Fresh Blueberries Orange Juice Milk	<u>WEDNESDAY</u> Grits Hashbrowns Soft Fried Eggs Wheat Toast Fresh Cantaloupe Orange Juice Milk	<u>THURSDAY</u> Cream of Wheat French Toast Casserole Sausage Patties Fresh Orange Slices Orange Juice Milk	<u>FRIDAY</u> Maple Oat Bran Farmer Scramble Wheat Toast Banana Orange Juice Milk	<u>SATURDAY</u> Oatmeal Egg/Cheese on English Muffin Orange Juice Milk
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Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal**
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

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Fried Chicken Baked Beans Tomato/Cucumber Salad Cookies and Cream Pie Milk	Dry Rub Ribs Macaroni/Cheese Corn on the Cob Corn Muffin Warm Cinnamon Apples BBQ Sauce Milk	Crispy Chicken/Roll Shredded Lettuce & Diced Tomato Salad Mushroom Soup Mandarin Oranges Milk	Country Fried Steak Mashed Potatoes w/ Country Gravy Green Beans Chocolate Pudding Dinner Roll/Butter Milk	BBQ Pork/Bun Diced Carrots Snickerdoodle Cookie Pickle Spear Milk	Meatloaf Baked Potato/SC Buttered Peas Cherry Turnover Dinner Roll/Butter Milk	Chicken Enchilada Casserole Shredded Lettuce & Diced Tomato Salad Fruit Cocktail Sour Cream Milk
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Bratwurst/Bun German Potato Salad Green Beans Ice Cream Dinner Roll/Butter Milk	Sloppy Joe/Bun Tator Tots Coleslaw Diced Peaches w/Strawberries Milk	Pepperoni/Bacon Pizza Tossed Salad with Tomato & Cucumber Apple Crisp Milk	Chili Cheese Dog/Bun Potato Chips Macaroni Salad Fresh Pineapple Milk	Sweet-Sour Chicken White Rice Steamed Broccoli Spring Roll Citrus Salad Milk	Fried Shrimp Steak Fries Coleslaw Garlic Breadstick Lemon Cake Cocktail Sauce Milk	Beef Stew Cinnamon Applesauce Biscuit/Butter Milk
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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)**
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

2025

WEEKLY MENU FEBRUARY 23 – MARCH 1

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BREAKFAST

<u>SUNDAY</u> Oatmeal Sausage Gravy Biscuit Orange Juice Milk	<u>MONDAY</u> Cream of Rice Soft Fried Eggs Wheat Toast Orange Juice Milk	<u>TUESDAY</u> Oatmeal Cheesy Eggs Wheat Toast Raisins Orange Juice Milk	<u>WEDNESDAY</u> Grits Pancakes Bacon Orange Juice Milk	<u>THURSDAY</u> Cream of Wheat Scrambled Eggs Hashbrowns Orange Juice Milk	<u>FRIDAY</u> Maple Oat Bran French Toast Sausage Links Orange Juice Milk	<u>SATURDAY</u> Oatmeal Scrambled Eggs Raisin Toast Banana Orange Juice Milk
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Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal**
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

LUNCH

Chopped Sirloin Mushrooms/Onions Baked Potato/SC Cheese Cauliflower Blueberry Pie Dinner Roll/Butter Milk	Smothered Pork Chop SC/Bacon Mashed Potatoes Hubbard Squash Oatmeal Cookie Milk	Chicken Cordon Bleu Yukon Mashed Potatoes/Gravy Buttered Peas Butterscotch Pudding Dinner Roll/Butter Milk	Beef Soft Shell Taco Lettuce/Tomato Shredded Cheese Refried Beans Spanish Rice Fruit Cocktail Sour Cream & Taco Sauce Milk	Turkey Pastrami on Rye w/Swiss Navy Bean/Bacon Soup Potato Salad Fudge Brownie Milk	Spaghetti w/Meatballs Steamed Broccoli Garlic Bread Pineapple Tidbits Milk	Salisbury Steak Mashed Potatoes/Gravy Green Beans Cherry Fruit Crisp Cheddar Biscuit Milk
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SUPPER

Smoked Sausage/Bun Baked Beans Lattice Chips Diced Peaches and Pears Milk	Breaded Fish/Bun Tater Tots Coleslaw Mixed Melon Milk	Mongolian Beef Lo Mein Noodles Steamed Broccoli Blueberry Buckle Milk	Grilled Chicken/Bun Leaf Lettuce Tomato Slice Onion Rings Coleslaw Chilled Peaches Milk	Beef & Bean Chili Cornbread Fresh Strawberries Milk	Baked Lemon Garlic Salmon Rice Pilaf Roasted Asparagus Fresh Pear Milk	Chicken Salad on Hawaiian Bun BBQ Chips Tossed Salad Chocolate Pudding Milk
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LUNCH

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)**
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****