

WEEKLY MENU MARCH 2 - 8

A

BREAKFAST

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Oatmeal Sausage/Cheese English Muffin Orange Juice Milk	Cream of Rice Cheese Omelet Coffee Cake Orange Juice Milk	Oatmeal Sausage Links Hashbrowns Raisins Orange Juice Milk	Cream of Wheat Soft Fried Eggs Wheat Toast Banana Orange Juice Milk	Maple Oat Bran Pancakes Bacon Apple Compote Orange Juice Milk	Grits Cheesy Scrambled Eggs Homemade Lemon Blueberry Bread Orange Juice Milk	Oatmeal Ham/Cheese Croissant Fresh Orange Slices Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato **Milk:** 2%, Skim, Chocolate.

LUNCH

Beef Pot Roast Brown Gravy Roasted Potatoes Creamed Spinach Strawberry/Rhubarb Pie Milk	Herb Chicken Wild Rice Buttered Corn Cheesecake Dinner Roll/Butter Milk	Wet Burrito Fiesta Rice Lettuce/Tomato Macadamia Nut Cookie Sour Cream Milk	Ham and Sausage Pizza Caesar Salad Raspberry Sherbet Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato French Fries Fruit Cocktail Dill Pickle Chips Milk	Catfish Po' Boy Shredded Lettuce Sweet Potatoes Roasted Corn Medley Mandarin Oranges Remoulade Sauce Milk	Chili Dog/Bun French Fries Coleslaw Diced Pears Dill Pickle Spear Diced Onions Milk
Grilled Cheese Tomato Soup Coleslaw Caramel Applesauce Milk	Goulash Mixed Vegetables Fresh Melon Bread/Butter Milk	Kielbasa/Bun French Fries Steamed Beets Chilled Pears Milk	Baked Cod Loin Potato Wedges Peas/Carrots Sugar Cookie Milk	BBQ Chicken Leg Quarter Potato Salad Marinated Cucumbers Diced Peaches Milk	Baked Spaghetti Roasted Asparagus Ice Cream Milk	Chicken and Dumplings Creamy Cucumber Salad Strawberry Shortcake Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU MARCH 9 - 15

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<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Oatmeal Biscuit w/Sausage Gravy Strawberries w/Blueberries Orange Juice Milk	Cream of Rice Scrambled Eggs Bacon Wheat Toast Fresh Banana Orange Juice Milk	Oatmeal French Toast Sausage Links Cinnamon Applesauce Orange Juice Milk	Grits Ham/Cheese Quiche Wheat Toast Raisins Orange Juice Milk	Cream of Wheat Roast Beef Hash Wheat Toast Orange Juice Milk	Maple Oat Bran Pancakes Sausage Patties Orange Juice Milk	Oatmeal Cheddar Omelet Wheat Toast Mixed Melons Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal**
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

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Beef Stroganoff Buttered Noodles Diced Carrots Peach Pie Milk	Sautéed Chicken Yukon Mashed Potatoes/Gravy Green Beans Oatmeal Raisin Cookie Cheddar Biscuit Milk	Cheeseburger/Bun w/Bacon, Lettuce, Tomato Slice Jalapeño Cheese Soup Creamy Cucumbers Diced Peaches Milk	Chicken Parmesan w/ Spaghetti and Marinara Sauce Steamed Cauliflower Peanut Butter Cookie Milk	Pork Chop Home Fries Broccoli Spice Cake Dinner Roll/Butter Milk	Popcorn Fish French Fries Coleslaw Warm Cinnamon Apples Milk	Chicken Strips Potato Salad Scalloped Corn Chocolate Chip Cookie BBQ Sauce Milk
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Shaved Deli Turkey w/Cheese on Roll Cauliflower Soup Tossed Salad Pineapple Tidbits Milk	Citrus Marinated Fish Rice Pilaf Roasted Squash Butterscotch Pudding Milk	Cheddar Wurst/Bun Tator Tots Buttered Peas Chocolate Cake Milk	Grilled Corned Beef and Swiss on Rye Potato Chips Coleslaw Mandarin Oranges Milk	Chicken Caesar Dinner Salad Potato Cheese Soup Garlic Breadstick Fruit Cocktail Milk	Smothered Steak Smashed Redskins Buttered Corn Jell-O Fruit Parfait Bread/Butter Milk	Sliced Deli Ham/Bun Lentil Soup Fresh Pineapple Milk
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Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)**
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU MARCH 16 - 22

C

BREAKFAST

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Oatmeal Pigs in a Blanket Orange Juice Milk	Cream of Rice Pancakes Bacon Fresh Strawberries Orange Juice Milk	Oatmeal Soft Fried Eggs Wheat Toast Orange Slices Orange Juice Milk	Cream of Wheat Scrambled Eggs Hashbrowns Wheat Toast Orange Juice Milk	Grits French Toast Bacon Orange Juice Milk	Maple Oat Bran Cheesy Eggs Sausage Links White Toast Fresh Banana Orange Juice Milk	Oatmeal Egg/Cheese Biscuit Sandwich Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal**
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

LUNCH

Meatloaf/Gravy Homestyle Potatoes Green Beans Dutch Apple Pie Dinner Roll/Butter Milk	ST. PATRICK'S DAY Meal TBD 	Lasagna BLT Salad Garlic Bread Orange Sherbet Milk	Turkey Sub w/Cheese Shredded Lettuce/Tomato Southwest Chicken Soup Apple Crisp Milk	Hamburger/Bun Lettuce Leaf Sliced Tomato Sweet Potato Fries Pickled Beets Chocolate Cookie Diced Onions Milk	Fried Smelt Crinkle Cut Fries Coleslaw Strawberry Cake Cheddar Biscuit Milk	Ham Macaroni & Cheese Mixed Vegetables Mandarin Oranges Milk
Scalloped Potatoes w/Ham Mixed Vegetables Diced Peaches Cornbread Milk	Spaghetti w/ Meat Sauce Diced Carrots Garlic Bread Fruit Cocktail Milk	Deep Dish Pizza Caesar Salad Deluxe Fruit Salad Milk	Beef & Bean Chili Green Beans Diced Pears Cornbread Muffin Milk	BBQ Ribs Baked Beans Cheese Cauliflower Diced Peaches Dinner Roll/Butter Milk	Open Face Sliced Hot Beef on Bread with Mashed Potatoes & Gravy Citrus Fruit Salad Milk	Salami & Ham Sub w/ Cheese, Shredded Lettuce/Tomato Pasta Salad Pineapple Tidbits Milk

SUPPER

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)**
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU MARCH 23 - 29

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<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Oatmeal Sausage Patties Raisin Toast Orange Juice Milk	Cream of Rice French Toast Sausage Links Raisins Orange Juice Milk	Oatmeal Scrambled Eggs Hashbrowns Banana Orange Juice Milk	Grits Pancakes Bacon Orange Juice Milk	Cream of Wheat Soft Fried Eggs Sourdough Toast Orange Juice Milk	Maple Oat Bran Cheddar Omelet Banana Bread Orange Juice Milk	Oatmeal Biscuit w/Sausage Gravy Fresh Melon Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal**
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1. Cheerios, K2. Rice Krispies, K3. Raisin Bran, K4. Bran Flakes, K5. Corn Flakes, K6. Frosted Flakes, K7. Froot Loops, K8. Cinnamon Toast Crunch, K9. Frosted Mini Wheats. Juice: Orange, Apple, Grape, Cranberry, Prune, Tomato Milk: 2%, Skim, Chocolate.

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Beef Pot Roast Baby Potatoes Baby Carrots Brown Gravy Banana Cream Pie Dinner Roll/Butter Milk	Swedish Meatballs Buttered Noodles Green Beans Angel Food Cake w/ Strawberry Sauce Dinner Roll/Butter Milk	BLT Sandwich Chicken Noodle Soup Tossed Salad Ice Cream Milk	BBQ Chicken Leg Quarter Potatoes/Gravy Corn on the Cob Caramel Applesauce Biscuit/Butter Milk	Sliced Pork Loin with Gravy Yukon Mashed Potatoes Steamed Broccoli Ambrosia Dinner Roll/Butter Milk	Cheeseburger/Bun Lettuce Leaf Sliced Tomato French Fries Coleslaw Fruit Cocktail Pickle/Diced Onion Milk	Beer Battered Cod Roasted Potatoes Roasted Brussel Sprouts Tapioca Pudding Cheddar Biscuit Milk
Egg Salad Croissant Potato Soup Pea Salad Fruit Cocktail Milk	Fried Shrimp Tator Tots Corn on the Cob Mandarin Oranges Cocktail Sauce Milk	Stuffed Peppers Steamed Cauliflower Garlic Bread Pineapple Upside Down Cake Milk	Tuna Noodle Casserole Glazed Carrots Dreamsicle Salad Milk	Salisbury Steak Mashed Potatoes French Green Beans Chilled Peaches Bread/Butter Milk	Sliced Roast Turkey in Gravy Over White Bread Stuffing Buttered Peas Fresh Pineapple Milk	Lasagna Diced Carrots Garlic Bread Diced Pears Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)**
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****

WEEKLY MENU MARCH 30 – APRIL 5

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<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Oatmeal Cheese Omelet Wheat Toast Orange Juice Milk	Cream of Rice Scrambled Eggs Sourdough Toast Orange Juice Milk	Oatmeal Pancakes Bacon Fresh Blueberries Orange Juice Milk	Grits Hashbrowns Soft Fried Eggs Fresh Cantaloupe Orange Juice Milk	Cream of Wheat French Toast Sausage Patties Fresh Orange Slices Orange Juice Milk	Maple Oat Bran Farmer Scramble Wheat Toast Banana Orange Juice Milk	Oatmeal Egg/Cheese on English Muffin Orange Juice Milk

Breakfast Alternates (please note that if orders are not made in advance, it may take up to 15-20 minutes to prepare these items):

- A. Scrambled Eggs B. Hard Boiled Eggs C. Over Easy Eggs D. Over Medium Eggs E. Fried Eggs F. Oatmeal
G. Egg/Cheese Biscuit H. Sausage/Egg/Cheese Biscuit I. White Toast J. Wheat Toast

K. Cold Cereal: K1.Cheerios, K2.Rice Krispies, K3.Raisin Bran, K4.Bran Flakes, K5.Corn Flakes, K6.Frosted Flakes, K7.Froot Loops, K8.Cinnamon Toast Crunch, K9.Frosted Mini Wheats. **Juice:** Orange, Apple, Grape, Cranberry, Prune, Tomato **Milk:** 2%, Skim, Chocolate.

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Fried Chicken Baked Beans Tomato/Cucumber Salad Cookies and Cream Pie Milk	Dry Rub Ribs Macaroni/Cheese Corn on the Cob Corn Muffin Warm Cinnamon Apples BBQ Sauce Milk	Crispy Chicken/Roll Lettuce Leaf Tomato Slice Mushroom Soup Mandarin Oranges Milk	Country Fried Steak Mashed Potatoes w/ Country Gravy Green Beans Chocolate Pudding Dinner Roll/Butter Milk	BBQ Pork/Bun Diced Carrots Snickerdoodle Cookie Pickle Spear Milk	Meatloaf Baked Potato/SC Buttered Peas Cherry Turnover Dinner Roll/Butter Milk	Chicken Enchilada Casserole Shredded Lettuce & Diced Tomato Salad Fruit Cocktail Sour Cream Milk
Bratwurst/Bun German Potato Salad Green Beans Ice Cream Milk	Sloppy Joe/Bun Tator Tots Coleslaw Diced Peaches w/Strawberries Milk	Pepperoni/Bacon Pizza Tossed Salad with Tomato & Cucumber Apple Crisp Milk	Chili Cheese Dog/Bun Potato Chips Macaroni Salad Fresh Pineapple Milk	Sweet-Sour Chicken White Rice Steamed Broccoli Spring Roll Citrus Salad Milk	Fried Shrimp Steak Fries Coleslaw Lemon Cake Garlic Breadstick Cocktail Sauce Milk	Beef Stew Tossed Salad Cinnamon Applesauce Biscuit/Butter Milk

Lunch and Dinner Alternates (please note that if orders are not made in advance, it may take up to 15 minutes to prepare these items)

- #1. Beef Hamburger/Bun #2. Beef Hotdog/Bun #3. Grilled Cheese (American/Swiss Cheese, White/Wheat Bread)
#4. Grilled Cheese w/Ham (American/Swiss Cheese, White/Wheat Bread) #5. Spaghetti w/Marinara #6. Spaghetti w/Meat sauce
#7. Chef Salad (Ranch, French, Thousand Island, Italian Dressing) #8. Egg/Cheese Biscuit #9. Sausage/Egg/Cheese Biscuit
#10. Mashed Potatoes with Gravy #11. Ham/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread)
#12. Turkey/Cheese Sandwich (American/Swiss Cheese, White/Wheat Bread) #13. Peanut Butter and Jelly Sandwich (White/Wheat Bread)

****Make Alternate Selections on the Reverse side****