| Sunday, September 1 | Monday, Sept 2 Labor Day | Tuesday, September 3 | Wednesday, September 4 | Thursday, September 5 | Friday, September 6 | Saturday, September 7 |
|-------------------------------|---------------------------------|--------------------------|--------------------------------|--------------------------------------|-------------------------------|------------------------------|
| Bran Flakes | Oatmeal | Honey Nut Cheerios | Grits | Cheerios | Oatmeal | Rice Krispies |
| Banana Pancakes | Sausage Gravy | Homemade Waffles | Egg and Cheese Muffin | French Toast | Poached Egg | Scrambled Eggs |
| Bacon | Biscuit | Blueberry Topping | Danish | Sausage Patty | Breakfast Ham | Sausage Links |
| | Fried Eggs | Sausage Links | | | Toast | Cake Donut |
| Chicken Tenders | Outdoor Grilled Bratwurst | Pickled Diced Beets | Vegetable Soup | Coleslaw | Homemade Macaroni & Cheese | Beef Chili |
| French Fries | Potato Salad | Turkey & Swiss on Rye | Egg Salad Sandwich | Chicken Parmesan on a Bun | Stewed Tomatoes | Hot Dog |
| Apricots | Baked Beans | Kosher Dill Pickle | Fruit Salad | French Fries | Strawberries & Whipped Cream | Grapes |
| | Watermelon | Sliced Peaches | | Diced Pears | | |
| Scalloped Potatoes and Ham | Homemade Meatloaf | Parmesan Fish Fillet | Barbecued Beef Brisket | Italian Sausage, Peppers & Onions | Cornflake Chicken | Beef Stroganoff |
| Brocolli | Baked Potato with Sour Cream | Herbed Rice Pilaf | Garlic Mashed Redskins | Pesto Rotini | Mashed Potatoes & Gravy | Egg Noodles |
| Dinner Roll | Green Beans | Cauliflower & Parsley | Buttered Corn | Green & Gold Beans | Spinach | Cauliflower & Brocolli |
| Butterscotch Tart | Apple Pie | Raspberry Sherbet | Pound Cake with Blueberries | Banana Mousse Parfait | Corn Muffin | Cherry Jello with Bananas |
| | | | | | Ice Cream | |

| Monday, September 9 | Tuesday, September 10 | Wednesday, September 11 | Thursday, September 12 | Friday, September 13 | Saturday, September 14 |
|--|---|---|--|---|---|
| Oatmeal | Honey Nut Cheerios | Grits | Cheerios | Oatmeal | Cream of Wheat |
| Poached Egg | Homemade Waffle | Scrambled Egg | French Toast | Fried Eggs | Cheesy Scrambled Eggs |
| Corned Beef Hash | Syrup | S.O.S on | Sausage Patty | Hashbrown Patty | Blueberry Muffin |
| | Sausage Links | Toast | | | |
| Tomato Cucumber Salad | Rueben Sliders | | Outdoor Grill Hot Dog | Tossed Salad | Beef Goulash |
| Outdoor Grilled Bacon Cheddar Burger | Tator Tots | Patriot Day | Baked Beans | Homemade Pizza | Green Beans |
| Potato Chips | Apricots | Pig Roast | Dill Pickle Spear | Tropical Fruit | Peaches & Pears |
| Mixed Melon | | | Watermelon | | |
| Breaded Chicken Breast | Hungarian Pork | Seafood Casserole | Barbecued Chicken | Sesame Ginger Pork | Homemade Salisbury Steak |
| Scalloped Potatoes | Garlic Mashed Redskin Potatoes | Green & Gold Beans | American Potato Salad | Steamed Rice | Roasted Redskin Potatoes |
| Buttered Peas | Corn | Cookie | Brussel Sprouts | Brocolli | Spinach |
| Ice Cream | Tapioca Pudding | Raspberry Sherbet | Frosted Chocolate Cupcake | Jello Parfait | S'More Pudding |
| | September 9 Oatmeal Poached Egg Corned Beef Hash Tomato Cucumber Salad Outdoor Grilled Bacon Cheddar Burger Potato Chips Mixed Melon Breaded Chicken Breast Scalloped Potatoes Buttered Peas | September 9 Oatmeal Poached Egg Corned Beef Hash Tomato Cucumber Salad Outdoor Grilled Bacon Cheddar Burger Potato Chips Mixed Melon Breaded Chicken Breast Scalloped Potatoes Buttered Peas September 10 Honey Nut Cheerios Homemade Waffle Syrup Sausage Links Rueben Sliders Apricots Hapricots Hungarian Pork Garlic Mashed Redskin Potatoes Corn | September 9September 10September 11OatmealHoney Nut CheeriosGritsPoached EggHomemade WaffleScrambled EggCorned Beef HashSyrupS.O.S onSausage LinksToastTomato Cucumber Salad Outdoor Grilled Bacon Cheddar BurgerRueben SlidersPatriot DayPotato ChipsApricotsPatriot DayMixed MelonPig RoastBreaded Chicken BreastHungarian Pork Garlic Mashed Redskin PotatoesSeafood Casserole Green & Gold BeansButtered PeasCornCookie | September 9September 10September 11September 12OatmealHoney Nut CheeriosGritsCheeriosPoached EggHomemade WaffleScrambled EggFrench ToastCorned Beef HashSyrupS.O.S onSausage PattySausage LinksToastOutdoor Grill Hot DogOutdoor Grilled Bacon Cheddar BurgerTator TotsPatriot DayBaked BeansPotato ChipsApricotsPig RoastDill Pickle SpearMixed MelonWatermelonBreaded Chicken BreastHungarian Pork Garlic Mashed Redskin PotatoesSeafood Casserole Green & Gold BeansBarbecued Chicken American Potato SaladButtered PeasCornCookieBrussel SproutsIce CreamTapioca Pudding Tapioca PuddingRaspberry Sherbet | September 9 September 10 September 11 September 12 September 13 Oatmeal Honey Nut Cheerios Grits Cheerios Oatmeal Poached Egg Homemade Waffle Scrambled Egg French Toast Fried Eggs Corned Beef Hash Syrup S.O.S on Sausage Patty Hashbrown Patty Tomato Cucumber Salad Rueben Sliders Outdoor Grill Hot Dog Tossed Salad Outdoor Grilled Bacon Cheddar Burger Tator Tots Patriot Day Baked Beans Homemade Pizza Potato Chips Apricots Pig Roast Dill Pickle Spear Tropical Fruit Mixed Melon Watermelon Watermelon Sesame Ginger Pork Breaded Chicken Breast Garlic Mashed Redskin Potatoes Garlic Mashed Redskin Potatoes American Potato Salad Steamed Rice Buttered Peas Corn Cookie Brussel Sprouts Brocolli Ice Cream Tapioca Pudding Raspberry Sherbet Frosted Chocolate Jello Parfait |

| Sunday, September 15 | Monday, September 16 | Tuesday, September 17 | Wednesday, September 18 | Thursday, September 19 | Friday, September 20 | Saturday, September 21 |
|-----------------------------------|---------------------------------|---|--|------------------------------|------------------------------------|--------------------------------------|
| Bran Flakes | Oatmeal | Honey Nut Cheerios | Grits | Cheerios | Oatmeal | Rice Krispies |
| Pancakes | Scrambled Eggs | Homemade Waffle | Sausage & Cheese Omelet | French Toast | Pannu Kakku (Finnish Pancakes) | Poached Egg |
| Bacon | Sausage Gravy | Syrup | Danish | Sausage Patty | Breakfast Ham | Hashbrowns with Onions |
| | Biscuit | Sausage Links | | | | |
| | | | | | | |
| Tomato Soup | Chicken Salad on a Croissant | Outdoor Grilled Brat Patty & Swiss on a Bun | Beef Taco Salad with Tortilla Chips | Bowtie Pasta Salad | Chicken Noodle Soup | Breaded Chicken on a Bun with Cheese |
| Grilled Cheese Sandwich | Lettuce and Pickles | Baked Beans | Shredded Cheddar Cheese | Ham & Turkey Sub Sandwich | Fish Sandwich on a Bun | Lettuce & Tomato |
| Mandarin Oranges | Potato Chips | Grapes | Salsa and Sour Cream | Pickle Spear | Lettuce, Pickles & Tartar Sauce | French Fries |
| | Pear Halves with Blueberries | | Watermelon | Orange Wedges | Strawberries & Whipped Cream | Tropical Fruit |
| Herb Baked Chicken Leg & Thigh | Lasagna with Meat Sauce | Chicken Marsala | Barbecued Pulled Pork | Stuffed Cabbage | Hawaiian Meatballs | Country Fried Steak |
| Sage Dressing | Cauliflower & Broccoli | Buttered Pasta | Green & Gold Beans | Mashed Potatoes | Steamed Rice | Mashed Potatoes & Gravy |
| Green Beans | Garlic Bread | Spinach | Potato Salad | Peas & Carrots | Cauliflower with Parsley | Baby Carrots |
| Cranberry Orange Salad | Key Lime Pie | Garlic Bread | Peanut Butter Mousse | Strawberry Jello Cake | Ice Cream | Pound Cake with Chocolate & |
| Cookie | | Orange Sherbet | | | Cookie | Whipped Topping |

| Sunday, September 22 | Monday, September 23 | Tuesday, September 24 | Wednesday, September 25 | Thursday, September 26 | Friday, September 27 | Saturday, September 28 |
|-------------------------|---|--------------------------------|----------------------------|---|-------------------------------|-------------------------------|
| Bran Flakes | Oatmeal | Honey Nut Cheerios | Grits | Cheerios | Oatmeal | Rice Krispies |
| Blueberry Pancakes | Cheese Omelet | Homemade Waffle | Potato Pancakes | French Toast | Fried Eggs | Cheesy Scrambled Eggs |
| Bacon | Donut Holes | Blueberry Topping | Poached Egg | Sausage Patty | Hashbrown Patty | Sausage Patty |
| | | Sausage Links | | | Toast | Donut |
| Coney Dog | German Cucumbers & Onions | Chicken Dumpling Soup | Tossed Salad | Beef Barley Vegetable Soup | Southwestern Slaw | Barbecued Chicken on a Bun |
| French Fries | Outdoor Grilled Cheeseburger on a Bun | Triple Salad Plate | Homemade Pizza | Smoked Turkey and Provo Cheese on a Wheat Bun | Beef Soft Tacos | Macaroni Salad |
| Diced Pears | Lettuce, Tomato & Onion | Ritz Crackers Celery Sticks | Diced Peaches | Lettuce, Tomato & Pickles | Shredded Lettuce & Cheese | Kosher Dill |
| | Diced Pineapple | Strawberries | | Tropical Fruit | Sour Cream & Salsa | Mandarin Oranges |
| | | | | | Watermelon | |
| Coleslaw | Herb Roasted Chicken | Shrimp Creole | Pork Chop Supreme | Swedish Meatballs | Crunchy Baked Fish with Lemon | Meat Loaf |
| Beef Stew | Mashed Potatoes with Gravy | Linquine Pasta | Scalloped Potatoes | Egg Noodles | Rice & Orzo Pilaf | Baked Potato |
| Biscuit | Brussel Sprouts | Carrots | Baked Beans | Green Beans | Broccoli | Wax Beans with Pimentoes |
| Ice Cream | Strawberry Rhubarb Pie | Jello Parfait | Hot Spiced Apples | Tapioca Pudding | Dinner Roll | Sherbet |
| | | | | | Lemon Cheesecake Bars | |

| Sunday, September 29 | Monday, September 30 | Tuesday, October 1 | Wednesday, October 2 | Thursday, October 3 | Friday, October 4 | Saturday, October 5 |
|-------------------------|-----------------------------------|-------------------------|--------------------------------------|--------------------------------------|-------------------------------|------------------------|
| Bran Flakes | Oatmeal | Honey Nut Cheerios | Grits | Cheerios | Oatmeal | Cream of Wheat |
| Pancakes | Sausage, Egg and Cheese Muffin | Homemade Waffle | Cheese Omelet | French Toast | Potato Pancakes | Denver Scramble |
| Bacon | Hash Brown Patty | Syrup | Raison Toast | Sausage Patty | Bacon | Scones |
| | | Sausage Links | | | | |
| Beef Chili | Tuna Macaroni Salad | Sloppy Joe on a Bun | Hamburger on a Bun | Crispy Chicken Sandwich on a Bun | Chef's Salad | Beef Goulash |
| Grilled Cheese | Sliced Cucumbers & Tomatoes | Peas & Carrots | Lettuce, Tomato, Onions & Pickles | Tator Tots | Blueberry & Cream Muffin | Green Beans |
| Diced Pineapple | Ritz Crackers | Strawberries | Potato Chips | Apple Gelatin Salad | Pineapple Orange Cup | Grapes |
| | Fresh Orange Wedges | | Fresh Blueberries & Kiwi | | | |
| Baked Ham | Lasagna | Sweet & Sour Chicken | Burgundy Beef | Baked Pork Chop in Mushroom Sauce | Oven Fried Fish | Baked Chicken |
| Scalloped Potatoes | California Blend Vegetables | White Rice | Garlic Mashed Potatoes | Buttered Noodles | Hash Browns | Cornbread Dressing |
| Green Beans | Garlic Bread | Vegetable Egg Roll | Brocolli | Corn | Carrots | Harvard Beets |
| Dinner Roll | Butterscotch Pudding | Fortune Cookie | Cookies & Cream Mousse | Ice Cream | Banana Chocolate Chip Cake | Rice Pudding |
| Cheese Cake | | Orange Sherbet | | Cookie | With Cream Cheese Frosting | |