Sunday, January 28	Monday, January 29	Tuesday, January 30	Wednesday, January 31	Thursday, February 1	Friday, February 2	Saturday, February 3
Rice Krispies	Oatmeal	Honey Nut Cheerios	Grits	Cheerios	Oatmeal	Cream of Wheat
Pancakes	Sausage Gravy On a	Homemade Waffle	Cheese Omelet	French Toast	Potato Pancakes	Denver Scramble
Bacon	Biscuit	Syrup	Raisin Toast	Sausage Patty	Bacon	Scones
	Scrambled Egg	Sausage Links				
Beef Chili	Split Pea Soup	Sloppy Joe on a Bun	Chicken Dumpling Soup	Loaded Potato Soup	Crispy Chicken Sandwich on a Bun	Beef Ravioli with Marinara
Grilled Cheese Sandwich	Tuna Salad Sandwich on Wheat	Peas & Carrots	Ham Salad on a Wheat Bun	Mushroom Swiss Burger	French Fries	Green Beans
Diced Pineapple	Fresh Orange Wedges	Apricots	Pickle Spear	Mixed Vegetables	Applesauce with Cinnamon	Pineapple & Mandarin Oranges
			Grapes	Mandarin Oranges		
Lasagna	Chicken & Dumplings	Pork Chop Suey	Swedish Meatballs	Grilled Kielbasa	Stuffed Cabbage	Baked Chicken
California Blend Vegetables	Baby Carrots	White Rice	Egg Noodles	Pierogi and Onions	Mashed Potatoes	Sage Dressing
Garlic Bread	S'Mores Pudding	Vegetable Egg Roll	Sliced Carrots	Green Beans	Peas & Pearl Onions	Buttered Corn
Strawberry Rhubarb Pie		Fortune Cookie	Cheesecake	Homemade Snickerdoodles	Strawberry Jello Cake	Cranberry Orange Salad
		Orange Sherbet				Cookie

Sunday February 4	Monday, February 5	Tuesday, February 6	Wednesday, February 7	Thursday, February 8	Friday, February 9	Saturday, February 10
Rice Krispies	Oatmeal	Honey Nut Cheerios	Grits	Cheerios	Oatmeal	Cream of Wheat
Banana Pancakes	Fried Eggs	Homemade Waffle	Sausage Gravy	French Toast	Poached Egg	Scrambled Eggs
Bacon	Toast	Blueberry Topping	Biscuit	Sausage Patty	Breakfast Ham	Sausage Links
		Sausage Links	Scrambled Egg		Toast	Cake Donut
Corn Chowder	Rueben Sliders	Chicken Dumpling Soup	Beans & Franks	Chili with Beef & Beans	Baked Macaroni & Cheese	Cream of Broccoli Soup
Hamburger on a Bun	Tator Tots	Hot Ham & Swiss on a Bun	Corn Muffin	Grilled Cheese	Stewed Tomatoes	Egg Salad Sandwich
Apricots	Sliced Peaches	Pineapple Tidbits	Peaches & Pears	Tropical Fruit	Mandarin Oranges	Diced Pears & Blueberries
Baked Ham	Cornflake Chicken	Crispy Baked Fish	Bratwurst and Sauerkraut	General Tso's Chicken	Homemade Meatloaf	Beef Stroganoff
Scalloped Potatoes	Mashed Potatoes & Gravy	Ginger Rice	German Potato Salad	with Broccoli & Carrots	Garlic Smashed Redskins	Egg Noodles
Acorn Squash	Spinach	Green Beans	Buttered Peas	On Steamed Rice	Broccoli	Brussel Sprouts
Dinner Roll	Brownie Crackle	Dinner Roll	Apple Crisp	Vegetable Egg Roll	Homemade Boston Cream Pie	Dinner Roll
Rice Pudding		Orange Sherbet		Ice cream & Fortune Cookie		Cherry Jello with Bananas

Super Bowl Sunday, Feb 11	Mardi Gras, February 12	Tuesday, February 13	Ash Wednesday, Valentines Day February 14	Thursday, February 15	Friday, February 16	Saturday, February 17
Rice Krispies	Oatmeal	Honey Nut Cheerios	Grits	Cheerios	Oatmeal	Cream of Wheat
Banana Pancakes	Poached Egg	Homemade Waffle	Sausage, Egg & Cheese Biscuit	French Toast	S.O.S. on Toast	Cheesy Scrambled Eggs
Bacon	Corned Beef Hash	Syrup	Applesauce	Sausage Patty	Fried Egg	Raisin Toast
		Sausage Links				
Coleslaw	Tomato Rice Soup	Tossed Salad	Tuna Melt	Cheeseburger & Fries Soup	Avgolemono - Greek Chicken Rice Soup	Vegetable Chowder
Boneless Wings	Bacon Cheddar Burger	Homemade Pizza	French Fries	Egg Salad Sandwich on Wheat	Fishwich with Cheese	Salami & Cheese Sandwich on Wheat Bread
French Fries	Lettuce, Tomato & Pickles	Fruit Cocktail	Diced Pears	Fresh Orange Wedges	Shredded Lettuce & Tartar Sauce	Lettuce & Kosher Dill Pickle
Mandarin Oranges and Diced Pineapple	Grapes	Cookie			Apricots	Peaches & Pears
Pork Chop Supreme	Jambalaya	Barbecued Chicken	Tortellini with Tomato Spinach Cream Sauce	Spaghetti with Meat Sauce	Crunchy Baked Fish with Lemon	Cole Slaw
Sweet Potatoes	Maque Choux	Home Fries	And Vegetables	Sliced Carrots	Rice & Orzo Pilaf	Pasty
Buttered Peas	Bread Pudding with Bourbon Sauce	Broccoli	Dinner Roll	Garlic Bread	Green Beans with Cranberries	with Gravy on the Side
Pound Cake with Chocolate		Jello Parfait	Frosted Cherry Chocolate Chip	Cherry Pie	Ice Cream	Oreo Crunch Vanilla Pudding
Whipped Topping			Cake			

Sunday, February 18	Monday, February 19	Tuesday, February 20	Wednesday, February 21	Thursday, February 22	Friday, February 23	Saturday, February 24
Rice Krispies	Oatmeal	Honey Nut Cheerios	Grits	Cheerios	Oatmeal	Cream of Wheat
Pancakes	Scrambled Eggs	Homemade Waffle	Veggie Cheese Omelet	French Toast	Cheesy Scramble Egg	Poached Egg
Bacon	Sausage Gravy	Blueberry Topping	Raisin Toast	Sausage Patty	Breakfast Ham	Hashbrowns with Onions
	Biscuit	Sausage Links			Toast	
Tomato Soup	Beef Hot Dog on a Bun	Vegetable Soup	Beef Goulash	Bowtie Pasta Salad	Chicken Noodle Soup	Crispy Chicken Sandwich
Grilled Cheese Sandwich	Baked Beans	Patty Melt on Rye with Grilled Onions	Buttered Corn	Ham and Turkey Sub Sandwich	Brat Patty & Swiss on a Bun	Lettuce & Tomato
Mandarin Oranges	Pickle Spear & Diced Onions	Grapes	Corn Muffin	Orange Wedges	Sliced Peaches	French Fries
	Diced Pears		Apricots			Fruit Cocktail
Roast Turkey Breast with Cranberry Jelly	Lasagna with Meat Sauce	Baked Fish with Crumb Topping	Breaded Chicken Breast	Smothered Beef with Peppers	Roast Pork Loin with Raisin Sauce	Italian Meat Sauce
Mashed Sweet Potatoes	Cauliflower & Broccoli	Rice Pilaf	Scalloped Potatoes	& Gravy	Roasted Redskin Potatoes	Buttered Spaghetti
Steamed Peas	Garlic Bread	Green Beans Almondine	Steamed Baby Carrots	Buttered Noodles	Spinach	California Vegetables
Angel Food Cake with Whipped	Banana Cream Pie	Dinner Roll	Ice Cream	Acorn Squash	Raspberry Sherbet	Garlic Bread
Topping		Peanut Butter Mousse		Jello Jewels		Pound Cake with Chocolate & Whipped Topping

Sunday, February 25	Monday, February 26	Tuesday, February 27	Wednesday, February 28	Thursday, February 29	Friday, March 1	Saturday, March 2
Rice Krispies	Oatmeal	Honey Nut Cheerios	Grits	Cheerios	Oatmeal	Cream of Wheat
Blueberry Pancakes	Cheese Omelet	Homemade Waffle	Corned Beef Hash	French Toast	Fried Eggs	Cheesy Scrambled Eggs
Bacon	Donut Holes	Syrup	Poached Egg	Sausage Patty	Hashbrown Patty	Sausage Patty
		Sausage Links	Toast		Toast	Donut
Coney Island Hot Dog	Cheeseburger on a Bun	Stuffed Pepper Soup	Minestrone Soup	Cheesy Vegetable Chowder	Chicken Tortilla Soup	Navy Bean Soup
French Fries	Mixed Vegetables	Stacked Ham & Cheese on a Wheat Bun	Homemade Pizza	Bacon, Lettuce & Tomato on Toast	Beef Soft Tacos	Egg Salad Sandwich
Diced Peaches	Diced Pears	Mandarin Oranges	Grapes	Diced Pineapple	Shredded Lettuce, Cheese, Sour Cream & Salsa	Tropical Fruit
					Peaches & Pears	
Coleslaw	Herb Roasted Chicken	Sweet Chili Glazed Shrimp	Burgundy Pork Simmer	Barbecued Beef Brisket	Scalloped Potatoes & Ham	Homemade Meatloaf
Beef Stew	Scalloped Potatoes	Ginger Rice	Buttered Egg Noodles	Garlic Smashed Redskin Potatoes	Green Beans with Cranberries	Baked Potato with Sour Cream
Biscuit with Margarine	Spinach	Broccoli	Sliced Carrots	Buttered Corn	Rye Bread	Peas & Carrots
Jello Parfait	Apple Pie	Raspberry Mousse	Pound Cake with Blueberries	Tapioca Pudding with Whipped Topping	Banana Chocolate Cake with Cream Cheese Frosting	Ice Cream
						1