

Metro Region Road and Trail Bicycling Guide

2nd Edition



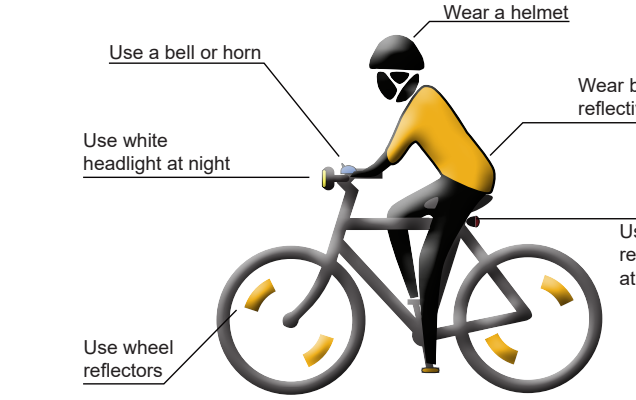
Counties of:
Macomb - Oakland - Wayne



Bicycle Safety

Rights and Responsibilities

In general, bicyclists on public roadways have the same rights and responsibilities as automobile drivers and are subject to the same state laws and local ordinances. For everyone's safety observe these bicycling rules and safety tips.



Wear Appropriate Clothing

Wear light, bright and/or reflective clothing at all times of the day and night to improve your visibility. Dress in layers and bring gear for unforeseen changes in weather.

Ride as far to the Right as Practicable

Bicyclists should keep as far to the right as practicable, moving left to avoid hazards and to position themselves in the appropriate designated through or turn lanes.

Use Lights and Reflectors at Night

State law requires a white light visible for 500 feet and a red reflector visible for 600 feet at night. A flashing red light is recommended. More reflectors and stronger lights make you more visible.

Use Hand Signals

Hand signals tell pedestrians and motorists what you intend to do. It is state law that you use signals.

Carrying Items

If you plan on carrying any packages, bundles or objects, you must be able to keep both hands on the handlebars. A variety of racks, packs, and trailers can be fitted to your bicycle to transport goods.

BIKES AND STATE LAW

Always Yield to Other, Slower Trail Users
When operating on a shared use trail or sidewalk, bicyclists must yield the right of way to pedestrians and shall give an audible signal before overtaking and passing a pedestrian. When overtaking, announce your intentions by saying "passing on your left" or ringing your bell.

Keep to the Right and Ride Only Two abreast
No more than two bicyclists should ride side by side in a public roadway.

Ride with Traffic
Motorists are not looking for bicyclists riding on the wrong side of the road. State law requires that cyclists ride with the flow of traffic.

Bicycle Resources

Michigan Department of Transportation
MDOT provides maps and other information on safe bicycling as well as guidance on how to transport bicycles on ferries and major bridges.
www.michigan.gov/mot-biking

League of Michigan Bicyclists
LMB is a non-profit membership organization, which promotes bicycling for recreation and transportation in Michigan. The LMB organizes annual Shoreline Bicycle Tours, publishes an annual poster calendar of cycling events statewide, distributes general cycling information and educates children and adults on safe cycling. The LMB works with MDOT and other state and local agencies to improve conditions for bicycling in Michigan.
(517) 334-9100 or (888) MI-BIKES
www.lmb.org

Michigan Mountain Biking Association
MMBA promotes responsible mountain biking and works toward the goals of common land and natural resources protection.
www.mmba.org

Michigan Trails and Greenway Alliance
MTGA is a non-profit organization that fosters and facilitates the creation of an interconnected statewide system of trails and greenways for recreation, health, transportation, economic development and environmental and cultural preservation purposes. MTGA works at both the state and local levels by assisting public and private interests in trail and greenway planning, funding, development and maintenance.
www.michigantrails.org

Michigan Department of Natural Resources
MDNR promotes the development of trail systems throughout the state. They work with local agencies in trail development, planning and design and administer a number of funding programs.
Parks and Recreation Division: (517) 284-7275.
www.michigan.gov/dnr

Tourist Information

Vacation and accommodation information can be obtained from the following organizations. The same information can be obtained at Michigan's 13 Welcome Centers, located on major highways throughout Michigan.

Travel Michigan
www.travelmichigan.org (888) 784-7328

Metropolitan Detroit Convention and Visitor Bureau
www.visitdetroit.com (313) 202-1800 or (800) DETROIT

Crossing Information

Ambassador Bridge:
Cyclists are not allowed on the Ambassador Bridge. For more information regarding crossing please contact the Ambassador Bridge at (800) GO-BRIDGE.

Detroit / Windsor Tunnel:
Cyclists are not allowed in the Detroit / Windsor Tunnel. For more information regarding crossing please contact the Detroit / Windsor Tunnel at (313) 567-2565.



Legend

TRANSPORTATION NETWORK
Vehicle Traffic Volume* (Vehicles per day)

- Minor Roads/No Data**
- Light (under 5,000)
- Moderate (5,000 - 10,000)
- Medium (10,000-15,000)
- Heavy (above 15,000)
- Limited Access Highway
- Active Rail Line
- Amtrak***
- Tunnel

*Traffic volume is estimated on an average 24 hour period. Both hour (local) traffic volume can be much greater than other times of the day. Traffic volume also varies by season and day of the week. MDOT varies from other MDOT regional data sources.

** Minor Roads/No Data generally have lower traffic volumes.

*** All Amtrak trains in Michigan accept carry-on bike reservations with some restrictions. Visit www.amtrakbicycle.com or call 800 USA-RAIL for more information.

BICYCLE AND SHARED USE PATHS

- Improved Shared Use Regional Path
- Shared Use Regional Path
- Local Shared Use Path

LAND USE

- County Boundary
- Incorporated City/Village Limit
- Federal Land/National Forest
- State of Michigan Lands
- Park (Local or County), Preserve or Wilderness Area
- State Military Land
- Lakes/Water
- Rivers/Streams

SERVICES

CITY/VILLAGE NAME
Full Service (Food and lodging)
City/Village Name
Some Services (Food or lodging)

POINTS OF INTEREST

- Amtrak Station
- Carpool Parking Lot
- Hospital
- Trail Head
- University

RECREATIONAL FACILITIES

- Campground
- Mountain Biking
- Restrooms

