1. **List the grade level, lesson and specific activity you will be demonstrating:**  Grade I, Phase IV, Lesson 4, Activity 3

2. **List the Standard(s) and Benchmark(s) this activity addresses:**  Practice health-enhancing behaviors and reduce health risks (Standard 3); Demonstrate strategies to improve or maintain personal health (Benchmark 4).

3. **Student Learning Objective:**  Students will demonstrate handwashing as a way to reduce the spread of germs.

4. **Student Product:**  Demonstration.

5. **Teacher Suggestions:**  a) Use parent volunteers or peer groups to assess each student’s performance. This might work well as part of a station activity. b) Ensure that teacher demonstrates the correct way to perform proper hand washing technique, and that children have ample opportunities to practice hand washing.
6. **Develop your rubric.** Indicate below the specific criteria you will use to score: Score point #3 should include all the criteria that need to be met in order to meet the standard. An example:

<table>
<thead>
<tr>
<th>4</th>
<th>3**</th>
<th>2</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes, and</td>
<td>Yes</td>
<td>Yes, but</td>
<td>No</td>
</tr>
</tbody>
</table>
| • Demonstrates all of the elements that meet the standard **AND**  
• Uses soap  
• Rubs vigorously | • Rubs all parts of hands (fronts, backs, between fingers, up to wrists)  
• Uses running water  
• Washes for the entire length of the song (at least 17 seconds) | • Demonstrates two of the three elements for a response that meets the standard. | • Demonstrates one or fewer elements. |

**Start building your rubric with the criteria for score point #3, which indicates that the standard has been met.**